

I am delighted that you have chosen me to assist you in achieving a state of more optimal health, and look forward to your visit. You are currently scheduled for _____ at _____ am/pm.

As a Naturopathic Doctor, my focus is on providing a holistic approach that gets to the root causes of ailments and helps to create a foundation that nourishes continued health and well being.

To help me have a better understanding of the reasons for your appointment and your overall health, please complete the enclosed forms and return them to me prior to your visit. It is very useful for me to have these ahead of your visit to that I can best prepare for it.

If there are records from another provider that you think will be helpful for me to review as I care for you, please arrange for them to be mailed or faxed to me prior to your appointment. I am enclosing a records release form for you to use – send this to them with your signature and they will forward the materials to me.

Please be aware that I have a twenty-four (24) hour cancellation policy. If you cancel your appointment less than 24 hours prior to the scheduled time, or do not call at all, you will be billed for the visit.

I am currently in network as a specialist with **Harvard Pilgrim, Anthem, and Aetna**. All insurance plans are different so please contact your insurance company to determine if Naturopathic services are covered and if you need a referral from your primary care doctor. Naturopathic Doctors are considered specialists by insurance companies in Maine and therefore may require a referral from your PCP. Deductibles must be met before any visits are covered, including Naturopathic visits. Patients will be responsible for any amount of the bill not paid for by the insurance company. Patients are responsible to know their specialist copayment and to pay that at the time of the visit. Insurance billing is not available for phone or virtual visits.

For patients with no insurance or insurance for which I am not in network, you are responsible to pay for the total cost of the visit when seen. Payment is expected at the time of service and can be made by cash, check, or credit card. I am happy to provide you with a super bill that you can submit to your insurance provider for their consideration of reimbursement to you

At this time Naturopathic Doctors cannot bill Medicare, Medicaid or Maine Care in the state of Maine.

If you have any questions, please do not hesitate to call.

I look forward to our visit!

Peter J. Knight ND